

Hand Surgery Associates, P.C.
Post-Operative Instructions

There are specific guidelines that must be followed after your surgical procedure. These guidelines are in place in order to ensure your safety and comfort.

In order to assist with pain and swelling, keep the hand and/or arm above your heart as much as possible.

Take your post-operative pain medication as directed. Do NOT mix your medication with Tylenol as this could have serious side effects.

Occasionally, there is an adverse reaction to the most common kinds of pain medication. Please contact us immediately if you are experiencing a rash, itching, nausea and/or vomiting, or hallucinations. Your physician or the physician on call will be able to assist you in finding an immediate and alternate form of post-operative pain control.

The initial post-operative appointment with your physician is typically seven to ten days, depending on the nature of your surgery.

It is imperative that you keep your surgical dressings clean, dry and intact. If your dressings become compromised in any way, please contact our office in order to schedule a dressing change.

Please contact our office at (303) 744-7078 with any questions that you may have.